



## THE PATH OF THE LOTUS FLOWER

Artistic residency workshop in four phases on July 16 - August 18 2026  
(It is possible to participate in the entire program or in individual parts)

After several years of collaboration, Teatret OM, the regional theatre in Ringkøbing-Skjern Municipality, and CATA (Center for Theatre Anthropology in Argentina, international department of Fondazione Barba Varley), are organizing a residency/workshop program that delves into Teatret OM's artistic research: the union of visual art and the actor's dramaturgy, and CATA's work in theatre anthropology.

**The lotus flower** is born in the mud, moves through the water, and blooms pure and radiant on the surface.

It thus represents:

- I. The Body as Fertile Soil
- II. The Creative Process as Blooming
- III. Art as an act of emerging
- IV. Qi as Invisible Elixir

### I. THE BODY AS FERTILE SOIL

JULY 16-26

Performing arts workshop with the following focus:

- The scenic body and the actor's autonomy
- Physical and vocal training
- Individual and collective scenic actions
- Rhythmic work based on Taiko technique (Japanese drums) and body percussion
- Work with objects and space
- Work on a final montage
- Practice and theory: reflections on the process and the work

In addition, the program includes performances, film screenings, and a masterclass

#### **Instructors:**

Sandra Pasini, Antonella Diana (Teatret OM, Denmark), Ana Woolf (CATA, Argentina & Roma Tre University, Italy), Rita Superbi (TAIKO, Italy), Iben Nagel Rasmussen (Actor at Odin Teatret 1966–2024, Artistic Director of Vindenes bro, Denmark), Francesca Romana Rietti (Roma Tre University, Italy)

**II. THE CREATIVE PROCESS AS BLOOMING**

JULY 29-31

**Bio installation:** A collaborative creation of an installation in nature, in collaboration with Vinterlys Festival.

**Coordinator:** Antonella Diana

**III. ART AS AN ACT OF EMERGING**

AUGUST 3-9

**Art & Nature Lab: Body and Nature**  
Symposium and workshops

Art - Nature LAB functions as a study and educational format composed of a series of lectures and workshops, dedicated to theoretical analysis and the acquisition of artistic techniques in relation to nature. The program delves deeply into materials, processes, craft-based practices, and traditions, integrating critical reflection with experimental work. It encompasses fields ranging from contemporary art to performative practices.

**Overall Artistic Direction:** Antonella Diana

**Instructors:**

Sandra Pasini, ET4U, Ana Woolf, Dragana Kojicic, Antonella Diana, Otto Pilgaard, Kirsten Aagaard Jensen, Francesca Romana Rietti, Berit Kilerich, Cristina Maria Aimaretti, Olivera Popov, Petra Lindblom, Sara Gebran, Gianna Sabatelli, Sergio Raimondo, Dina Abu Hamdan.

In this symposium-workshop, the work from phases one and two is integrated and further developed in relation to nature.

**IV. QI AS INVISIBLE ELIXIR**

AUGUST 12-18

Taijiquan and Qi Gong – Inner Qi and cosmic Qi

**Instructors:** M<sup>o</sup> Gianna Sabatelli and M<sup>o</sup> Sergio Raimondo from Chen Xiaowang Taijiquan Association, Italy

**Program:**

August 12-14: Taiji Shan – The Taiji Fan

August 15-16: Taiji Qiu - the Sphere of Taiji for Developing the Centrality of the Dantian

August 17-18: Qi Gong; Taiji Jin, for developing elastic strength; Tui Shou, partnered hand pushes

The path of the Lotus Flower is organized by Teatret OM ([www.teatretom.dk](http://www.teatretom.dk)) in collaboration with CATA (<https://www.centrodeantropologiateatralenargentina.com/>).

This program can be subject to change.

**A detailed program for alle four phases will be released on March 1**

For more information and booking, see here:

DK: [https://teatretom.dk/dk/aktiviteter/lotusblomstens-vej\\_](https://teatretom.dk/dk/aktiviteter/lotusblomstens-vej_)

ENG: <https://teatretom.dk/en/activities/the-path-of-the-lotus-flower>